

Fall Conference Lunch & Free Time Guide

Free Options (see other side for fun under \$20)

- **Stroll Main Street. (can be accessed via public transit or vehicle)**
 - Park City's Historic Main Street is full of locally owned stores and galleries oozing with character. It's a great place to window shop and get some exercise too, as you wander up and down the charming street. Stop at Dolly's Bookstore, tucked behind Rocky Mountain Chocolate Factory, to page through books and pet the cats that call the establishment home.
- **Hiking (can be accessed via vehicle or public transportation)**
 - HISTORIC UNION PACIFIC RAIL TRAIL: The rail-trail follows the route of a historical railroad line that transported coal and silver ore during the region's mining heyday in the 1860s. The trail plaques highlight the early Mormon settlers and ill-fated Donner family wagon train, the trail's intersection with the once-influential Lincoln Highway and the excavation site of Ice Age mammoths, among other historical sites and events. In Park City, take Kearns Blvd to Bonanza Dr, then turn on Prospector Ave to behind the Park City Plaza.
 - SWANER ECO CENTER: Over 10+ miles of trails in a variety of difficulties. 1258 Center Drive in Park City, Utah
- **Olympic Park (note that there are both free and \$ activities here)**
 - Free: Several Hiking Trails, Museums, and a mountain obstacle playground
 - Ropes courses, see the next page
 - Go to <http://utaholympiclegacy.org/park-maps/> to see a map
- **Lounge at the Hotel**
 - Enjoy the pool, play some ping pong, or take a nap!
 - Board games will be available in the lobby with an IV staff host 😊
- **Tanger Outlet Center Shopping:** It's debatable whether or not this is "free" but you can always just browse! Right across from the hotel!

Lunch Options

*There are tons of restaurants nearby! Here are some nearby:

RESTAURANTS WITHIN WALKING DISTANCE:

- Fast Food: Taco Bell, Arbys, McDonalds, Wendys, Jimmy Johns
- Pizza: The Junction Pizzeria and Grill, Park City Pizza Company, Pizza Hut
- Great Chain Eats: Five Guys, Zupas
- Local Love: Loco Lizard Cantina, Molly Bloom's Gastro Pub, Full House Asian Bistro, Bout Time Pub and Grub, Maxwell's

YELP WORTHY Park City:

- Within Walking Distance: The Junction Pizzeria, Maxwell's
- Downtown: Uptown Fare, Sammy's Bistro, El Chubasco

Fun \$20 & Under

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- **Olympic Park (note that there are both free and \$ activities here)**
 - **Summit Adventure Course:** This advanced-level course is designed to test even the strongest athletes with wire traverses, swinging elements, and problem-solving features. Participants should be prepared to be at heights up to 55 feet in the air where their strength, agility, balance, and coordination will be tested. **Cost: \$20**
 - **Canyon Adventure Course:** This intermediate-level course is designed to test one's abilities with log traverses, swinging elements, and problem-solving features. Participants should be prepared to be at heights up to 25 feet in the air where their agility, balance, and coordination will be tested. *Location: After gearing up at the Adventure Center, the Canyon Course is accessed by taking the Oak Trail. Located in Trackside Plaza.* **Cost: \$20**
- **The Swaner EcoCenter indoor, wetland-themed climbing wall:** Open every Saturday from 1:00p.m. to 3:00p.m. Climbing harness provided. Please wear closed toe shoes. 258 Center Drive in Park City, Utah. **Cost: \$5 for 8 climbs.**
- **Jupiter Bowling:** **Cost: \$4.50 per game + \$3.50 for shoes OR \$30/lane/hr-6ppl. Billiards = \$10/hr. Arcade \$1/game...restaurant available for lunch.**
- **Redstone 8 Theater:** **Cost: \$8.15 matinees.**
- **Holiday Village 4. Theater:** **Cost: \$7.75 matinee.**

Transportation Guide:

*Please note: All options can be accessed by vehicle. For the quickest public transit, you can visit Google maps, enter your destination, and click on the transit symbol.

- **Utah Olympic Park:** Can only be accessed by vehicle. If you need a ride and can't find one, talk to a staff member.
- **Main Street:** For Public Transit: Walk to the Walmart Bus Shelter. From here you can take the pink line all the way to Park City Old Town Transit Center. You can also take the pink line to Newpark Bus Shelter, switch over to the Brown line, and take that to Park City Old Town Transit Center. Depending on the time of day, the brown line might be faster. Please give yourself 45 minutes to get back to the hotel if you take public transit. **Round Trip by bus: 1.5 hours**
- **Jupiter Bowling Alley:** 1090 Center Dr; 15 minute walk from hotel or walk to the Walmart bus stop, take the bus to Newpark Bus Shelter and walk down the street to the theater. **Round Trip by bus: 15-20 minutes.**
- **Union Pacific Trail:** For Public Transit: Walk to the Walmart Bus Shelter. Take the pink line to the Newpark Bus Shelter. Take the brown line to the Park Avenue Condos Bus Shelter. Walk (1 minute) to the Fresh Market Bus Shelter. Take the Red Line to the 7-11 Bus Stop. Walk south to get to the Trail (less than 5 minutes). **Round Trip by bus: 1 hour, not including hike**
- **Swaner Eco Center:** 1258 Center Drive; 15 minute walk from hotel or walk to the Walmart bus stop, take the bus to Newpark Bus Shelter and walk down the street to the theater. **Round Trip by bus: 15-20 minutes**
- **Tanger Outlet Center:** Right across from the hotel.

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- **Redstone 8 Theater:** 6030 Market Street; 15 minute walk from hotel or walk to the Walmart bus stop, take the bus to Newpark Bus Shelter and walk down the street to the theater. **Round Trip by bus: 15-20 minutes.**
- **Holiday 4 Theater:** 1776 Park Avenue; for public transit, walk to the Walmart Bus Shelter; take the pink line to Newpark Bus Shelter; take the brown line to Park Avenue Condos Bus Shelter; walk across Park Ave. to Homestake Dr.; turn left at Albertson's and go past the Sports Authority to get to the theater. **Round Trip by bus: 1 hour**
- **Park City Base Resort:** 1345 Lowell Avenue; for public transit, walk to the Walmart Bus Shelter; take the pink line to Newpark Bus Shelter; take the brown line to Hotel Park City Bus Stop (Park Ave.); walk across the street to the Hotel Park City Bus Stop (Thaynes Canyon) and take the green line to Park City Mountain Resort Transit Hub. **Round Trip by bus: 1 hour**
- **Canyons Resort:** 4000 Canyons Resort Dr.; for public transit, walk to the Walmart Bus Shelter and take the pink line straight to the Canyons Resort Transit Hub. From here you can walk to various Canyons Resort activities. **Round Trip by bus: Less than 1 hour**

THERE'S ALWAYS UBER 😊